

CANCER RESOURCES FOR MARYLANDERS - 2025 Edition



ABOUT THE OFFICE OF COMMUNITY OUTREACH AND ENGAGEMENT

Our goal is to apply Community Outreach and Engagement (COE) strategies to inform the University of Maryland Marlene & Stewart Greenebaum Comprehensive Cancer Center (UMGCCC) on research and to make an impact along the cancer continuum in the catchment area, with a particular focus on eliminating cancer disparities.

The aims of COE are to:

- Describe the UMGCCC catchment area using a data-driven approach
- Conduct evidence-based and impactful cancer control activities serving those in the catchment area
- Apply COE strategies to inform research and support integration of COE throughout UMGCCC Programs

To learn more about us or to reach out for more information about the below resources, please contact us at umgcc.coe@umd.edu or [visit our website by clicking here](#)

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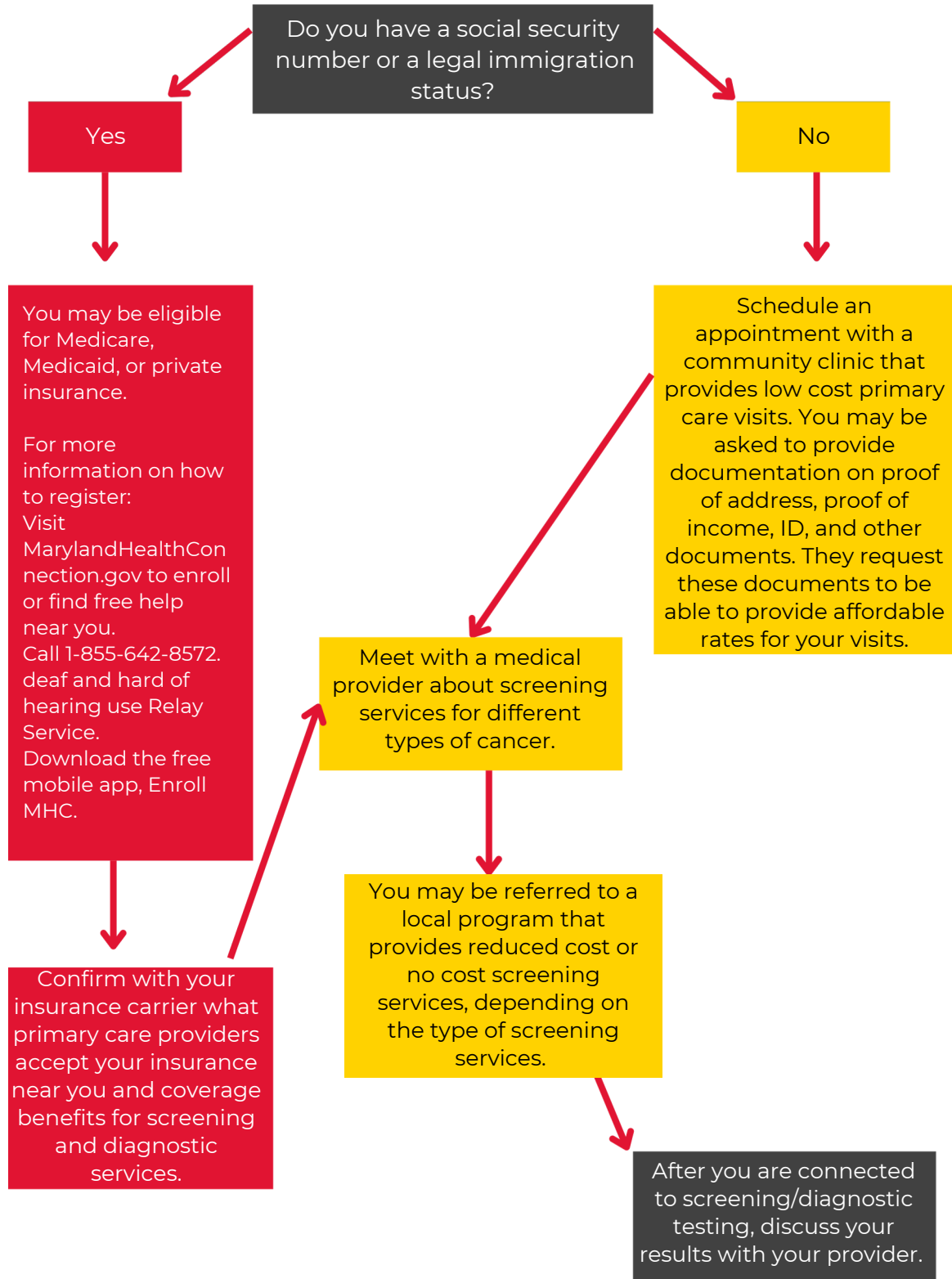
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LOW COST COMMUNITY CLINICS

Regular primary care visits and conversations with your doctor are essential to promoting long term welfare and chronic conditions as they arise. The following clinics provide various forms of primary care for patients who are uninsured or underinsured.

ANNE ARUNDEL MEDICAL CENTER COMMUNITY CLINICS

1419 Forest Dr., Suite 100, Annapolis,
MD 21403
410-990-0050

Morris Blum, 701 Glenwood St.,
Annapolis, MD 21401
410-990-0050

2600 Solomons Island Rd,
Edgewater, MD 21037
410-990-0050

BALTIMORE MEDICAL SYSTEM

Baltimore City

St. Agnes
900 S. Caton Ave
Baltimore, MD 21229
443-703-3600

East Baltimore Medical Center
1000 E. Eager Street
Baltimore, MD 21202
443-703-3600

Belair-Edison
3120 Erdman Ave
Baltimore, MD 21213
443-703-3600

Highlandtown
3700 Fleet St, Ste 200
Baltimore, MD 21224
443-703-3600

BMS at Yard 56
5525 Eastern Avenue, Ste 201
Baltimore, MD 21224
443-703-3600

BMS Family Dental Center
5525 Eastern Avenue, Ste 202
Baltimore, MD 21224
443-703-3600

Rosedale
9520 Philadelphia Road
Rosedale, MD 21237
443-703-3600

BAY COMMUNITY HEALTH

134 Owensville Rd.
West River, MD 20778
410-867-4700
**Medical, Lab Services, and
Behavioral Health**

6131 Shady Side Rd.,
Shady Side, MD 20764
410-867-4700
Medical and Behavioral Health

5408 Southern Maryland Blvd
Lothian, MD 20711
Medical and Behavioral Health

CCI HEALTH SERVICES

Montgomery County

220 Girard St. Suite 100 Gaithersburg, MD
20877
866-877-7258
Medical, Behavioral Health

2 Taft Court
Rockville, MD 20850
866-877-7258

8630 Fenton Street
Silver Spring, MD 20910
866-877-7258
*Medical, Behavioral, Prenatal, and Dental
Health*

7676 New Hampshire Ave Suite 220 A
Takoma Park, MD 20912
866-877-7258
Medical and Behavioral Health

2730 University Blvd West
Suite LL10 (Lower Level)
Wheaton, MD 20902
866-877-7258
Medical, Pediatric Health

LOW COST COMMUNITY CLINICS

CCI HEALTH SERVICES

Prince George's County

9220 Springhill Lane Greenbelt, MD
20770 866-877-7258
7474 Greenway Center Dr
Suite 300
Greenbelt, MD 20770
866-877-7258

Medical, Behavioral Health

7615 Ora Glen Drive
Greenbelt, MD 20770
866-877-7258

**Medical, Behavioral, Prenatal,
Dental, Pharmacy Health**

CHASE BRAXTON HEALTH CARE

200 Hospital Dr Suite 300
Glen Burnie, MD 21061
410-837-2050

**Adult and Pediatric Primary Care,
HIV Testing, Pharmacy, Substance
Use Services, Therapy Services,
Psychiatry Services, Dental Care,
OB/GYN, Social Work Services, Lab
Services**

1111 North Charles St Baltimore, MD
21201
410-837-2050

**Adult and Pediatric Primary Care,
Sexual Health, HIV Testing,
Pharmacy, Substance Use Services,
Therapy Services, Psychiatry
Services, Dental Care, OB/GYN,
Social Work Services, Lab Services**

5500 Knoll N Dr Suite 370 Columbia,
MD 21045 410-837-2050

**Adult and Pediatric Primary Care,
HIV Testing, Pharmacy, Therapy
Services, Psychiatry Services, Dental
Care, OB/GYN, Social Work Services,
Lab Services**

500 Cadmus Lane, Suite 203
Easton MD 21601
410-837-2050

**Adult and Pediatric Primary Care,
HIV Testing, Pharmacy, Therapy
Services, Psychiatry Services, Lab
Services**

ELAINE ELLIS CENTER OF HEALTH

Prince George's

10001 Rhode Island Ave
College Park, MD 20740
301-441-1605

Washington, DC

1627 Kenilworth Ave, NE,
Washington DC 20019
202-803-2340

FAMILY AND MEDICAL COUNSELING SERVICES

Prince George's

5936 Martin Luther King, Jr., Hwy
Seat Pleasant, MD 20743
202-889-7901

Washington, DC

2041 Martin Luther King Jr.,
Avenue, SE
3rd Floor
Washington, DC 20020
202-889-7900

LOW COST COMMUNITY CLINICS

GREATER BADEN MEDICAL SERVICES

GENERAL CARE

7450 Albert Rd
Brandywine, MD 20613
301-888-2233

Medical, Dental, Behavioral Health

8030 Matthews Road, Unit 105-107
Bryans Road, MD 20616
301-888-2233

Adult Primary Care

1458 Addison Road
South Capitol Heights, MD 20743
301-324-1500

Adult Medical and Behavioral Health

1442 Addison Road
South Capitol Heights, MD 20743
301-324-1500

***Pediatric and Women Medical, Dental,
Behavioral Health***

6 Garrett Avenue
La Plata, MD 20646
301-539-5100

Adult Medical, Dental, Behavioral Health

21729 Great Mills Road, Suite C Space D
Lexington Park, MD 20653

Adolescent and Adult Primary Care

Women, Infant, and Children (WIC) Locations

7450 Albert Road, 1st Floor
Brandywine, MD 20613
301-836-9654

1472 Addison Road
South Capitol Heights, MD 20743
301-324-1873

6196 Oxon Hill Road, Suite 445
Oxon Hill, MD 20745
301-686-1171



LOW COST COMMUNITY CLINICS

HEALTHCARE FOR THE HOMELESS

421 Fallsway Rd
Baltimore, MD 21202
410-837-5533

HOLY CROSS CLINIC

Montgomery

13415 Connecticut Avenue, Suite 100
Aspen Hill, MD 20906
301-557-1950

Pediatric Care

220 Perry Parkway, #5
Gaithersburg, MD 20877
301-557-1832

Pediatric Care

7987 Georgia Avenue
Silver Spring, MD 20910
301-557-1870

Adult Primary Care

MARY'S CENTER

Montgomery

344 University Blvd West
Silver Spring, MD 20901
844-796-2797

Prince George's

8908 Riggs Rd
Adelphi, MD 20783
844-796-2797

Washington, DC

2333 Ontario Rd NW
Washington, DC 20009
844-796-2797

100 Gallatin St NE
Washington, DC 20011
844-796-2797

3912 Georgia Ave NW
Washington, DC 20011
844-796-2797

LA CLÍNICA DEL PUEBLO

Prince George's

2970 Belcrest Center Dr Suite 301
Hyattsville, MD 20782
240-714-5247

Washington, DC

2831 15th St NW
Washington, DC 20009
202-462-4788

3166 Mt Pleasant St. NW
Washington, DC 20010
202-462-4788

MENOCAL FAMILY PRACTICE

1050 Key Pkwy Suite # 102
Frederick, MD 21702
240-215-1138

MERCY CLINIC

Montgomery

7 Metropolitan Court, Suite 1
Gaithersburg, MD 20878
240-773-0300

Adult and Adolescent

MANSFIELD KASEMAN HEALTH CLINIC

9420 Key West Ave, #400
Rockville, MD 20850
301-917-6800

MISSION OF MERCY

22 South Market Street Suite #6D
Frederick, MD 21701
301-682-5683

LOW COST COMMUNITY CLINICS

PARKWEST HEALTH SYSTEM

3319 West Belvedere Avenue, 21215
410-542-7800
Pediatric Care

4120 Patterson Avenue 21215
410-764-2266
Adult Primary Care

PROYECTO SALUD CLINIC

11002 Veirs Mill Road, Suite 700
Wheaton, MD 20902
301-962-6173

18111 Prince Philip Drive, Suite 312
Olney, MD 20832
301-260-1073

PLANNED PARENTHOOD

Anne Arundel County
929 West Suite 200
Annapolis, MD 21401
410-576-1414

Baltimore County
1866 Reistertown Road, Suite D
Pikesville, MD 21208
410-576-1414

Baltimore City
330 North Howard Street
Baltimore, MD 21201
410-576-1414

Frederick County
170 Thomas Johnson Dr Frederick,
MD 21702
410-576-1414

Montgomery County
19650 Clubhouse Road #101
Gaithersburg, MD 20886
410-576-1414

Prince George's County
5001 Silver Hill Road Suite #103
Suitland, MD 20746
240-563-1220

Washington, DC
1225 4th St. NE
Washington, DC 20002
202-347-8512

Virtual Telehealth Center
<https://www.plannedparenthood.org/health-center/maryland/baltimore/21201/pm-telehealth-3891-90620>

TOTAL HEALTHCARE

Division Health Center
1501 Division Street
Baltimore, MD 21217
410-383-8300
Adult and Pediatric primary care, OBGYN, Dental, Immediate Care, Infectious Disease, Pharmacy, Behavioral Health

Kirk Health Center
2400 Kirk Ave
Baltimore, MD 21218
410-383-8300
Family Medicine, OBGYN, Infectious Disease, Pharmacy, Behavioral Health

Open Gates Health Center
1111 Washington Blvd
Baltimore, MD 21230
410-383-8300
Family Medicine, Pediatrics, Pharmacy, Dental, Behavioral Health

Westside Health Center
2449 W. Frederick Ave 21223
410-383-8300
Family Medicine, OBGYN, Behavioral Health



Interpreter Services Are Available for Free.

This notice has important information about your Maryland Health Connection health coverage or application. Help understanding this information is available in your language. Call 1-855-642-8572 (Deaf and hard of hearing use Relay service). These services are available for free.

Español/Spanish

Este aviso tiene información importante acerca de su cobertura de salud o solicitud Maryland Health Connection. Hay ayuda disponible para entender esta información en su idioma. Llame al 1-855-642-8572 (las personas sordas o con problemas de audición usan el servicio de retransmisión). Estos servicios están disponibles gratis.

አማርኛ/Amharic

ይህ ማስታወቂያ ስለ ሚሪላንድ የጤና ግንኙነት (Maryland Health Connection) የጤና ሽፋን ወይም ማመልከቻዎ ጠቃሚ መረጃን የያዘ ነው። ይህንን መረጃ ለመረዳት እንዲችሉ በቋንቋዎ እገዛ ማግኘት ይችላሉ። በ 1-855-642-8572 ይደውሉ (መስማት ለተሳናቸው እና ለሚቸገሩ የሪሌይ አገልግሎት ይጠቀሙ) ። እነዚህ አገልግሎቶች ያለክፍያ የሚገኙ ነጻ ናቸው።

العربية/Arabic

يحتوي هذا الإشعار على معلومات هامة حول التغطية الصحية التي تقدمها شبكة ميريلاند للصحة (Maryland Health Connection)، أو طلبك المساعدة متاحة بلغتك. اتصل على الرقم 1-855-642-8572 (للصم وضعاف السمع: استخدم خدمة الترحيل). هذه الخدمة متوفرة مجاناً.

中文/Chinese

本通知包含关于您的“马里兰健康联通 (Maryland Health Connection) 健康覆盖面或申请的重要信息。可以用您的语言帮助您了解这些信息。请拨打 1-855-642-8572 (聋人和听力障碍使用的中继服务)。这些服务都是免费的。

فارسی/Farsi

این اطلاعیه حاوی اطلاعات مهم درباره پوشش یا فرم درخواست بیمه درمانی مریلند هلس کانکشن (Maryland Health Connection) میباشد. کمک جهت درک این اطلاعات به زبان شما موجود است. لطفاً با شماره تلفن 1-855-642-8572 تماس بگیرید (افراد ناشنوا یا کم شنوا از خدمات Relay استفاده کنند). این خدمات به صورت رایگان در دسترس هستند

Français/French

Le présent avis contient des informations importantes relatives à votre couverture médicale Maryland Health Connection ou votre demande de couverture. Une assistance est mise à votre disposition pour comprendre ces informations dans votre langue. Composez le 1-855-642-8572 (Les personnes souffrant de surdité ou d'une déficience auditive utilisent le service Relay/Relais). Ces services sont disponibles gratuitement.

ગુજરાતી/Gujarati

આ નોટિસમાં તમારા મેરીલેન્ડ હેલ્થ કનેક્શન આરોગ્ય કવરેજ અથવા અરજી બાબતે મહત્વની માહિતી છે. આ માહિતીને સમજવા માટે તમારી ભાષામાં મદદ ઉપલબ્ધ છે. 1-855-642-8572 પર કોલ કરો



(सांभली न शकनार अथवा सांभलवामां मुशेली धरावनार व्यक्तिओ रीते सेवानो उपयोग करे). सेवाओ मइत उपलब्ध छे.

kreyòl ayisyen/Haitian Creole

Avi sa a gen enfòmasyon enpòtan sou aplikasyon oswa asirans sante nan Maryland Health Connection. Èd pou w ka konprann enfòmasyon sa a disponib nan lang ou. Rele 1-855-642-8572 (Itilize sèvis relè a si w soud ak ou gen difikilte pou tande). Sèvis sa yo disponib gratis.

Igbo

Nkwuputaa nwere ihe di mkpa gbasara Maryland Health Connection health coverage ma o bu akwukwo itinyere. Ewere enyemaka nke ga enyere gi aka ighota oziaa na asusu gi. Kpọọ 1-855-642-8572 (Ndi ntị chiri and ndi na-adighi anụ ihe nke ọma jiri ndi na arụ ọrụ ije ozi). Ọrụ ndị a dị na enweghi ugwo i ga akwu maka ya.

□□□/Korean

이 통지서에는 귀하의 메릴랜드주 헬스 커넥션(Maryland Health Connection) 의료보험의 적용 범위나 신청에 관한 중요 정보가 포함되어 있습니다. 사용하시는 언어로 이 정보의 이해를 도와드릴 수 있습니다. 1-855-642-8572 로 전화하십시오. 이 서비스는 무료입니다.

Português/Portuguese

Este aviso contém informações importantes sobre seu plano de saúde ou aplicativo da Maryland Health Connection. A ajuda para a compreensão dessas informações está disponível em seu idioma. Ligue para 1-855-642-8572. (Deficientes auditivos podem usar o CISO – Atendimento Surdo/Ouvinte). Estes serviços são oferecidos de graça.

Русский/Russian

Это уведомление содержит важную информацию о Вашем Доступном Медицинском Страховании Здоровья в Мэриленде (Maryland Health Connection) или о его оформлении. Помощь для понимания данной информации доступна на Вашем языке. Звоните 1-855-642-8572 (Глухие и слабослышащие могут воспользоваться службой коммутируемых сообщений). Эти услуги предоставляются бесплатно.

Tagalog

Ang paunawang ito ay may mahalagang impormasyon tungkol sa nasasakupan o aplikasyon ng iyong Maryland Health Connection. Makakakuha kayo ng tulong sa pagunawa nitong impormasyon sa iyong sariling wika. Tumawag sa 1-855-642-8572 (Bingi at hirap sa pandinig ay pwedeng gumamit sa serbisyong ipagbigay-alam). Ang mga serbisyong ito ay libre.

اردو/Urdo

اس نوٹس میں آپکی میری لینڈ ہیلتھ کنکشن (Maryland Health Connection) طبی کوریج اور درخواست کے بارے میں اہم معلومات ہیں۔ ان معلومات کو سمجھنے میں مدد آپکی زبان میں دستیاب ہے۔
1-855-642-8572 پر کال کریں (بہرے اور مشکل سے سننے والے ریلے سروس استعمال کریں)۔ یہ خدمات مفت دستیاب ہیں۔

Tiếng Việt/Vietnamese

Bản thông báo này có thông tin quan trọng về đơn xin hoặc chương trình bảo hiểm Maryland Health Connection của quý vị. Hỗ trợ để hiểu về thông tin này là có sẵn trong ngôn



ngũ của quý vị. Gọi số 1-855-642-8572 (Người điếc và lãng tai có thể sử dụng dịch vụ Chuyển Tiếp (Relay)). Những dịch vụ này có sẵn miễn phí.

yorùbá/Yoruba

Àkíyèsí yíí ní ifitónilétí pàtàkì nípa kíkópa ẹ̀ ẹ̀ àbí bíbèèrè fún Maryland Health Connection. Ìrànlowọ̀ láti lóye ifitónilétí yíí wà ní àrọ̀wọ̀tó ní èdè ẹ̀. Pẹ̀ 1-855-642-8572. (Ìṣẹ̀ Ìròyìn tí odi àti àwọn tí kò gbọ̀ràn dáadáa). Awon ise yi wa lofele.



M metro[®] **Lift**

Income-Qualified Fare Program

Enrolled in SNAP? Get 50% off Metrobus and Metrorail trips!

For residents of DC, Maryland, or Virginia
who are currently enrolled in
**Supplemental Nutritional Assistance
Program (SNAP)**

Enroll online at wmata.com/metrolift or call
888-SMARTRIP to schedule an in-person appointment

*To receive information about this reduced-fare program
in your language, please call Metro at 202-637-7000.*



888-SMARTRIP
wmata.com/metrolift
🐦 @wmata





¿Está inscrito en el SNAP?
**Obtenga un 50 %
de descuento**
en los viajes de Metrobus y Metrorail.

Para residentes de DC, Maryland o Virginia
que actualmente estén inscritos en el
**Programa de Asistencia Nutricional
Suplementaria (SNAP)**

Inscríbase en línea en **wmata.com/metrolift** o llame a
888-SMARTRIP para programar una cita presencial

*Para recibir información sobre este programa de tarifas reducidas
en su idioma, llame a Metro al 202-637-7000.*



888-SMARTRIP
wmata.com/metrolift
 **@wmata**



IF YOU HAVE MEDICARE



Breast Cancer Screening

All women age 40 and older with Medicare can get a mammogram every 12 months. One baseline mammogram is available for women ages 35-39.

Cost: You pay nothing for the test if your doctor accepts Medicare.

Prostate Cancer Screening

All men age 50 and older with Medicare are eligible for prostate cancer screening. Medicare covers a digital rectal exam and Prostate Specific Antigen (PSA) test every 12 months.

Cost: You pay 20% of the Medicare-approved amount for the digital rectal exam after the yearly Part B deductible. You pay nothing for the PSA test.

Colorectal Cancer Screening

All people age 45 and older with Medicare are eligible for colorectal cancer screening.

Fecal Occult Blood Test: Covered once every 12 months.

Cost: You pay nothing for the fecal occult blood test.

Sigmoidoscopy: Covered once every 4 years or 10 years after a previous colonoscopy for people not at high-risk.

Cost: You pay nothing for the sigmoidoscopy if your doctor accepts Medicare.

Colonoscopy: Covered once every 10 years or once every 2 years if at high-risk OR every 4 years after a previous sigmoidoscopy.

Cost: You pay nothing for the colonoscopy if your doctor accepts Medicare.

Barium Enema: Covered every 2 years if at high-risk, OR 4 years if not at high-risk.

Cost: You pay 20% of the Medicare-approved amount for the doctor's services. The Part B deductible does not apply.

IF YOU HAVE MEDICARE



Cervical Cancer Screening

Lab Pap test + specimen collection + pelvic exams: Covered once every 24 months for those of average risk; if you are of child-bearing age, are at high risk for cervical or vaginal cancer, or had an abnormal Pap test in past 36 months, tests are covered every 12 months

Cost: You pay nothing if your doctor accepts Medicare.

HPV lab tests: Covered once every 5 years between the ages of 30-65 if no HPV symptoms are present

Cost: You pay nothing if your doctor accepts Medicare.

To learn more about Medicare's Preventative & Screening Services click [here](#) or call (800) 633-4227

IF YOU HAVE MEDICAID



Medicaid should cover breast, colorectal, and prostate cancer screening tests.

For more Medicaid information: Call (800) 492-5231 or
Visit

<https://health.maryland.gov/mmcp/Pages/home.aspx>

To apply for medicaid click [here](#) or call 1-855-642-8572.

Overview of

Maryland Health Connection

What is Maryland Health Connection?

Maryland Health Connection is for all Marylanders who need health insurance. It is Maryland's official health insurance marketplace where you can shop, compare and enroll in quality health and dental insurance that fits your needs and your budget.

What makes coverage through Maryland Health Connection more affordable?

Maryland Health Connection is the only place you can get financial help to lower the cost of health insurance. Nine in 10 Marylanders who enrolled last year qualified for financial help. Depending on your income and family size, you may qualify for tax credits that lower your monthly premium to as little as a few dollars a month. Even higher income individuals may be eligible. Visit MarylandHealthConnection.gov and use the Get an Estimate tool to see how much you may save.

What services are covered?

All private health plans must offer core benefits like these and more:

- Doctor visits
- Hospitalization
- Emergency care
- Prescriptions
- Mental health care
- Maternity and newborn care
- Pediatric care

Preventive care, like vaccinations, wellness visits and screenings, also is covered at no cost to you, even if you haven't met your yearly deductible. To see all the services that must be covered, visit MarylandHealthConnection.gov.

Can I enroll in Medicaid through Maryland Health Connection?

You may qualify for free or low-cost coverage through Medicaid or Maryland Children's Health Program. You can enroll in Medicaid any time. If you're pregnant or you have children, you may still qualify for Medicaid even if your income is higher.

If your household size is this:	You may be eligible for Medicaid if your annual income is up to approximately:
1	\$20,120
2	\$27,225
3	\$34,312
4	\$41,400
5	\$48,504
6	\$55,592

Effective February 1, 2023

Descripción general de

Maryland Health Connection

¿Qué es Maryland Health Connection?

Maryland Health Connection es para todos los residentes de Maryland que necesitan seguro médico. Es el mercado oficial de seguros médicos de Maryland, donde usted puede comprar, comparar e inscribirse en un seguro médico y dental de calidad que se adapte a sus necesidades y su presupuesto.

¿Por qué la cobertura de salud a través de Maryland Health Connection cuesta menos?

Maryland Health Connection es el único lugar donde usted puede obtener ayuda financiera para bajar los costos de su seguro de salud. Nueve de cada diez personas inscritas el año pasado obtuvieron ayuda financiera. De acuerdo a su nivel de ingresos y a la cantidad de personas en su grupo familiar, usted podría calificar para deducciones fiscales que harán que su prima sea de solo unos dólares al mes. Hasta las personas con ingresos más altos pueden ser elegibles. Visite MarylandHealthConnection.gov/es y utilice nuestra herramienta Obtenga un Estimado para ver cuánto podría ahorrar.

¿Qué servicios están cubiertos?

Todos los planes de salud privados deben ofrecer beneficios básicos como estos y más:

- Consultas médicas
- Recetas médicas
- Maternidad y cuidados del recién nacido
- Hospitalización
- Atención de salud mental
- Atención pediátrica
- Atención de emergencia

Los servicios de atención preventiva, como vacunas, visitas de rutina y pruebas de detección y diagnóstico, se cubren sin ningún costo adicional, incluso si el paciente todavía no alcanzó el importe del deducible. Visite MarylandHealthConnection.gov/es para acceder a todos los servicios que tienen cobertura.

¿Puedo inscribirme en Medicaid a través de Maryland Health Connection?

Usted podría calificar para una cobertura de salud gratis o a muy bajo costo por medio de Medicaid o Maryland Children's Health Program (Maryland Programa de Salud de Niños). Usted puede inscribirse en Medicaid en cualquier momento. Si está cursando un embarazo o tiene hijos, usted podría ser elegible para Medicaid aunque tenga ingresos más altos.

Si el número de personas en su hogar es:	Puede calificar para Medicaid si su ingreso máximo anual es de aproximadamente:
1	\$20,120
2	\$27,225
3	\$34,312
4	\$41,400
5	\$48,504
6	\$55,592

Efectivo el 1 de febrero de 2022

Application

Checklist

Maryland Health Connection can help you find health insurance that meets your needs and fits your budget. You may be eligible for financial help or for free or low-cost coverage through Medicaid.



Use the checklist below to get ready to apply:

- ✓ Social Security numbers (or document numbers for any legal immigrants who need insurance)
- ✓ Birthdates and general information about you and your family members who are also applying for health coverage
- ✓ Policy numbers for any current health insurance
- ✓ Employer and income information for everyone in your family (for example, from paystubs, W-2 forms or wage and tax statements)
- ✓ Information about any job-related health insurance available to your family



We ask about income and other information to let you know what coverage you qualify for and if you can get any help paying for it. We keep the information you provide private and secure, as required by law. To view our privacy notice, visit MarylandHealthConnection.gov.

For help filling out your application, general questions or to get connected with free in-person help, visit MarylandHealthConnection.gov/help or call our toll-free phone number at 1-855-642-8572. Deaf and hard of hearing use Relay service.

Lista de verificación para

las solicitudes

Maryland Health Connection fue diseñado para ayudarle a conseguir un seguro médico que se ajuste a sus necesidades y a su presupuesto. También es posible que usted cumpla con los requisitos para recibir ayuda financiera que rebajaría su prima mensual o para recibir cobertura gratuita o de bajo costo a través de Medicaid.



Utilice la siguiente lista de verificación para prepararse para llenar la solicitud:

- ✓ Números de seguro social (o números de los documentos de los inmigrantes legales que necesiten seguro)
- ✓ Fechas de nacimiento e información general suya y de sus familiares que también están solicitando cobertura de salud
- ✓ Números de póliza de seguros médicos actuales
- ✓ Información del empleador y de los ingresos de todos en su familia (por ejemplo, recibos de pago, formularios W-2, estados de nómina y declaraciones de impuestos)
- ✓ Información sobre cualquier seguro médico, relacionado con el empleo, a disposición de su familia



La razón por la que le preguntamos sobre sus ingresos y otra información es para poder informarle cuál es la cobertura a la que tendría derecho y si puede obtener ayuda para pagarla. La información que nos proporcione será almacenada de manera segura y confidencial, como lo exige la ley. Para leer la Política de Privacidad, visite la página web MarylandHealthConnection.gov/espanol.

Si necesita que le ayuden a llenar la solicitud, si tiene preguntas generales o si necesita que lo pongan en contacto con ayuda gratuita y en persona, visite MarylandHealthConnection.gov/ayuda o llámenos gratis al 1-855-642-8572 (las personas sordas o con problemas de audición usan el servicio de retransmisión).

SCREENING GUIDELINES BY AGE

The following are the screening recommendations for breast, colorectal, cervical, prostate, and lung cancer as provided by the American Cancer Society. For further information on the ACS's guidelines and recommendations, please visit their website [here](#).

Breast Cancer:

Individuals assigned female at birth and ages 40 to 44:

- Yearly **mammograms** can begin depending on preference and risk factors
- Speak to your doctor to make a more detailed plan of action

Individuals assigned female at birth and 45 to 54:

- **Mammograms** are recommended **once a year**

Individuals assigned female at birth and 55 and older:

- **Mammograms** are recommended **at least every two years**

Individuals assigned male at birth:

- Breast cancer screenings are not recommended
- If you have a family history of male breast cancer, a known mutation of the BRCA1 or BRCA2 genes, have Klinefelter syndrome, or are currently/have previously taken estrogen hormones, you are at higher risk for breast cancer. Make sure to have regular conversations with your doctor.

For more details about the ACS's recommendations on breast cancer screenings and their high-risk qualifications, visit their website [here](#).

For more information on male/assigned male at birth breast cancer, visit the Memorial Sloan Kettering Cancer Center [here](#).

Colorectal Cancer:

Ages 45-75:

- A **Stool-based sample test** is recommended **every 1-3 years, sigmoidoscopy every five years, or colonoscopy every ten years.**

Ages 76 to 85:

- The decision to continue screening depends on risk factors and current medical history; speak with your doctor to create a more detailed plan of action

For more details about ACS's recommendations on colorectal cancer screenings and their high-risk qualifications, visit their website [here](#).

SCREENING GUIDELINES BY AGE

Cervical Cancer:

Ages 25 to 65:

- A **Primary HPV test** is recommended **every five years**
- If no HPV test is available, a **co-test** should be taken **every five years** or a **Pap test every three years**

Ages 65 and older:

- Testing should continue for patients with a history of series cervical pre-cancer 25 years post that diagnosis

For more details about ACS's recommendations on cervical cancer screenings and their high-risk qualifications, visit their website [here](#).

Prostate Cancer:

Assigned male at birth with a father or brother with prostate cancer before the age of 45 or Black men who are high-risk:

- A **PSA blood test** recommended (redone **either every year or every two years, depending on initial results**) and **digital rectal exam**

Assigned male at birth ages 50 and older:

- A **PSA blood test recommended** (redone **either every year or every two years, depending on initial results**) and **digital rectal exam**

For more details about the ACS's recommendations on prostate cancer screenings and their high-risk qualifications, visit their website [here](#).

Lung Cancer:

Ages 50 to 80 who either smoke or have a history of smoking:

- A **low-dose CT scan is** recommended **once a year**.

Before being screened, it is important to have a discussion with your doctor about the purpose, benefits, and possible harms of screening. Visit <https://shouldiscreen.com> to learn more about lung cancer screening and if it is right for you.



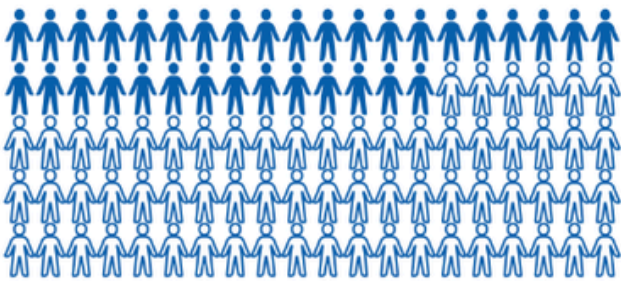
Cancer Fact Sheet for LGBTQ+ People

Lesbian, gay, bisexual, transgender, queer (LGBTQ+) people have a higher risk of cancer than heterosexual and cisgender people. Many LGBTQ+ people face barriers to cancer screening, such as access to health care or fear of provider discrimination. This has led to lower screening rates, higher cancer risk, and worse outcomes in LGBTQ+ people.

Cancer in the LGBTQ+ community

- Prostate cancer death rates are twice as high in Black men as in White men. But, Black gay and bisexual men are less likely to access screening for prostate cancer. LGBTQ+ people of color often face multiple barriers to screening.
- Breast and cervical cancer rates are higher in lesbian and bisexual women. But, they are less likely to access screening than heterosexual women. Some bisexual and lesbian women have even been told by a doctor that their risk for cervical cancer is lower. But this is false. In fact, their risk may be higher.
- Transgender and gender nonconforming people are more likely to be diagnosed at a later stage, when their cancer has spread and is harder to treat. Many folks avoid screening out of fear of discrimination or because their providers don't recommend the correct screening tests.

Lack of screening recommendations



1/3 of LGBTQ+ people* report that their health care provider never mentioned cancer screening to them.

*Of participants who weren't screened before their cancer diagnosis; from the National LGBT Cancer Network Out: The National Cancer Survey 2021

Advocate for yourself to help lower your cancer risk.

- **Know your risk.** Tell a health care provider about your medical history, surgeries, lifestyle, hormone use, and family history.
- **Stay healthy.** Ask for help and support to change habits that might increase your cancer risk.
- **Get screened.** Getting regular screening tests can help find certain cancers early when they might be easier to treat.
- **If you've got it, screen it.** Experts recommend getting screened based on the body parts you have, no matter your sexual orientation or gender identity.

What can LGBTQ+ people do to help lower their risk for cancer?



- ✗ Avoid tobacco and alcohol.
- ✓ Get the HPV vaccine if eligible. There are many programs that offer the vaccine at no cost.
- ✓ Add nutritious foods like whole grains, fruits, and vegetables to your plate.
- ✓ Be as active as you can. Choose activities that you enjoy and keep you safe.

Some LGBTQ+ people are more likely to have lifestyle habits that increase their risk for cancer. A person's risk for cancer is higher if they use tobacco. Eating lots of processed and sugary foods, not getting regular physical activity, having a higher body weight, and drinking alcohol can increase the risk for cancer, too.

Did you know? HPV vaccination is cancer prevention.

- There are many types of HPV. Some types can cause genital warts. And some can cause cancer.
- HPV can cause cervical, penile, vaginal, vulvar, mouth, and throat cancers.
- HPV is very common. Most people who have ever had sex will get at least one type of HPV in their lives.
- HPV is often spread through vaginal, anal, and oral sex. But it can also spread by skin or oral contact with infected skin on the vulva, vagina, rectum, anus, penis, and scrotum.
- The American Cancer Society recommends children get the HPV vaccine between ages 9 and 12, when the vaccine works best. But you can get the vaccine up to age 26.

Where you can find more information



- Visit cancer.org/getscreened for American Cancer Society screening recommendations, as well as free and low-cost screening resources.
- Visit cancer.org/healthy/cancer-facts to get the facts from the American Cancer Society about cancer and what you can do to help prevent it.
- **The National LGBT Cancer Project** has education, support, and resources for LGBTQ+ people.
- The **National LGBT Cancer Network** offers free resources, including a list of LGBTQ+-friendly cancer screening providers.
- **CancerCare** provides free support services for LGBTQ+ people with cancer.
- **Empowered to Quit** helps people create a tobacco quit plan.



LOW COST COUNTY SCREENING SERVICES

If you do not have medical insurance and are not eligible for any coverage there are numerous screening services in Maryland that provide low cost and no cost screenings.

Anne Arundel County Health Department

Phone Number: **410-222-6180** (All appointments and paperwork to determine eligibility are done by phone. Please call if you are unsure if you qualify and to learn more about the program). To access Anne Arundel County Health Department website, click [here!](#)

General qualifications: limited yearly income based on US federal guidelines, either do not have health insurance or have health insurance that does not cover screening and diagnostics, and are a Maryland resident

Breast cancer screening qualifications: 18-39 with a family history of breast cancer or are currently having breast symptoms, are 40 years or older

Screening Services: **no cost breast exams, mammograms, and follow-up testing**

Cervical cancer screening qualifications: 21 years old or older

Screening services: **no cost Pap smear and HPV tests and follow up-testing**

** For colorectal cancer screening, the Anne Arundel County Health Department partners with MedStar Harbor Hospital: if you are 45 and over or are young with high-risk AND are uninsured or have limited insurance call 410-350-8216**

Baltimore Department of Health

Phone Number: **410-887-3456** (Please call if you are unsure if you qualify and to learn more about the program)

To learn more about their offerings, you can visit their website [here](#).

General qualifications: Be a resident of Baltimore County, either do not have health insurance or have health insurance that does not cover screening, diagnostics, and treatment services, or have health insurance that makes the services subject to a deductible or co-insurance

Breast Cancer Screening qualifications: Women ages 40-64, Maryland resident, meet limited yearly income based on US federal guidelines

Colorectal Cancer Screening qualifications: Age 45 and over or younger if considered high-risk, meet limited yearly income based on US federal guidelines

LOW COST SCREENING SERVICES

If you do not have medical insurance and are not eligible for any coverage there are numerous screening services in Maryland that provide low cost and no cost screenings.

The Baltimore City Cancer Program at University of Maryland Greenebaum Comprehensive Cancer Center

Phone Number: 410-328-4673 **(Please call the program to learn if you qualify and to learn more about the offerings)**

To learn more about the program, you can visit their website [here](#).

Screening services: Breast, cervical, and colorectal cancer screenings

Carroll County Department of Health

Phone Number: 410-876-4423
Email: cchd.bccp@maryland.gov

To register and check your eligibility, you can call, email, or complete a breast and cervical cancer program interest form [here](#).

To learn more about their offerings, you can visit their website [here](#).

General qualifications: Be a resident of Carroll County, either do not have health insurance or have health insurance that does not cover screening, diagnostics, and treatment services, meet program income requirements

Breast cancer screening qualifications: be 40 years or older
Screening provided: Clinical breast exam and yearly mammogram

Cervical cancer screening qualifications: be 21 years or older
Screening provided: Pap test

Carroll County also has the Maryland Cancer Fund program and D&T (Diagnosis and Treatment) which helps pay for the treatment if you screen positive.

LOW COST SCREENING SERVICES

Charles County Department of Health

Phone Number: 301-609-6832 (for English) and 301-609-6852 (for Spanish)

To register and check your eligibility, you can call or complete a cancer program interest form [here](#).

General qualifications: Be a resident of Maryland, either do not have health insurance or have health insurance that does not cover screening, diagnostics, and treatment services, meet program income requirements

Breast cancer screening qualifications: be ages 40-64
Screening provided: clinical breast exam, mammograms

Cervical cancer screening qualifications: be ages 21-64
Screening provided: clinical cervical exam, Pap test

Colorectal cancer screening qualifications: either be 45 or older or be under 45 with a family history or showing signs of colorectal cancer
Screening provided: Colonoscopy

Frederick County Department of Health

Phone Number: 301-600-3362 (for English and Spanish)

To learn more about their offerings, you can visit their website [here](#).

To register and check your eligibility, you can call or complete a breast and cervical cancer program interest form [here](#).

General qualifications: Be a resident of Frederick or Montgomery County, either do not have health insurance or have health insurance that does not cover screening, diagnostics, and treatment services, meet program income requirements

Breast cancer screening qualifications: be 40 years and older
Screening provided: Clinical breast exam and mammogram

Cervical cancer screening qualifications: be 40 years and older
Screening provided: Pap test

LOW COST SCREENING SERVICES

Harford County Department of Health

Phone Number: 410-942-7930

To learn more about their offerings, you can visit their website [here](#).

To register and check your eligibility, you can call the health department for more information.

General qualifications: Be a resident of Maryland, either do not have health insurance or have health insurance that does not cover screening, diagnostics, and treatment services, meet program income requirements

Breast cancer screening qualifications: be ages 40-64
Screening provided: clinical breast exam, mammograms

Cervical cancer screening qualifications: be ages 21-64
Screening provided: clinical cervical exam, Pap test

Colorectal cancer screening qualifications: either be 45-75 or be under 45 with high-risk for colorectal cancer or under 45 with a physician referral
Screening provided: Colonoscopy

Howard County Department of Health

Phone Number: 410-313-4255 **(All appointments and paperwork to determine eligibility are done by phone. Please call if you are unsure if you qualify and to learn more about the program)**

To learn more about their breast and cervical cancer offerings, you can visit their website [here](#).

To learn more about their colorectal cancer offerings, you can visit their website [here](#).

General qualifications: Either do not have health insurance or have health insurance that does not cover screening, diagnostics, and treatment services, meet program income requirements

Breast cancer screening qualifications: be ages 40 or older, be a Maryland resident
Screening provided: clinical breast exam, mammograms, follow up tests

Cervical cancer screening qualifications: be ages 40 or older
Screening provided: Pap test, follow up tests

Colorectal cancer screening qualifications: either be 45 or older or be under 45 with a family history or showing signs of colorectal cancer, be a resident of Howard County
Screening provided: Colonoscopy

LOW COST SCREENING SERVICES

Montgomery County Department of Health

Phone Number: 240-777-1750

Email: mocowccp@montgomerycountymd.gov

To check your eligibility, you can call or email the department.

General qualifications: Be a resident of Montgomery County, either do not have health insurance or have health insurance that does not cover screening, diagnostics, and treatment services, meet program income requirements

Colorectal cancer screening qualifications: be 45 years or older with no current diagnosis of colorectal cancer

Screening provided: Colonoscopy

To sign up for program to receive screenings, you must fill out the below application, bring proof of your residency, proof of earned income, and photo identification. You can send the application through one of the following methods:

Email: mocowccp@montgomerycountymd.gov

Fax: (240) 777-4819

Mail: Cancer Prevention and Tobacco Program 1401 Rockville Pike 4th floor, Suite 4100
Rockville, MD 20852

To access an English version of the application, click [here](#).

To access a Spanish version of the application, click [here](#).

We Offer **CANCER SCREENINGS** at **NO COST** to You!

BREAST CANCER SCREENING

Clinical Breast Exam and Mammogram

- For women between the ages of 40-64, or over 65 and do not have Medicare Part B
- Women between the ages of 30-39 can receive a mammogram at no cost, if you have an abnormality

CERVICAL CANCER SCREENING

PAP and HPV Tests

- PAP ONLY - Women between the ages of 21-29
- PAP & HPV - Women between the ages of 30-64, or over 65 and do not have Medicare Part B

COLORECTAL CANCER SCREENING

Colonoscopy

- Men and women age 45 or older without personal or family risk factors or symptoms that suggest colorectal cancer,
- Men and women age 18 or older with a personal or family history of colorectal cancer or a personal history of polyps and/or inflammatory bowel disease
- Men and women age 18 or older with signs or symptoms suggestive of colorectal cancer



REQUIREMENTS:

Meet age and income requirements
Maryland resident
Uninsured/underinsured

TO ENROLL PLEASE CALL US AT:

410-328-4673

FOR MORE INFO, VISIT:

umm.edu/hope

FUNDED BY:

*The Maryland Cigarette Restitution
Fund Program and the Centers for
Disease Control and Prevention*



BALTIMORE CITY CANCER PROGRAM

AFFILIATED WITH UNIVERSITY OF MARYLAND
MARLENE AND STEWART GREENEBAUM
COMPREHENSIVE CANCER CENTER



Ofrecemos **EXÁMENES DE DETECCIÓN DEL CÁNCER SIN COSTO ALGUNO** para usted

EXAMEN DE DETECCIÓN DEL CÁNCER DE MAMA

Mamografía y examen de mama

- Para mujeres de 40 a 64 años, o mayores de 65 años que no tengan la Parte B de Medicare
- Las mujeres de 30 a 39 años pueden hacerse una mamografía sin costo alguno si tienen una anomalía

EXÁMEN DE DETECCIÓN DEL CÁNCER DE CUELLO DE ÚTERO

Pruebas de Papanicolaou y VPH

- SOLO PRUEBA DE PAPANICOLAOU: mujeres de 21 a 29 años
- PAPANICOLAOU Y VPH: mujeres de 30 a 64 años, o mayores de 65 años que no tengan la Parte B de Medicare

EXÁMEN DE DETECCIÓN DEL CÁNCER COLORRECTAL

Colonoscopia

- Hombres y mujeres de 45 años o más sin factores de riesgo personales o familiares ni síntomas que sugieran un cáncer colorrectal
- Hombres y mujeres de 18 años o más con antecedentes personales o familiares de cáncer colorrectal o antecedentes personales de pólipos y/o enfermedad inflamatoria intestinal
- Hombres y mujeres de 18 años o más con signos o síntomas que sugieran un cáncer colorrectal



REQUISITOS:

Cumplir con los requisitos de edad e ingresos
Ser residente de Maryland
No tener seguro/tener un seguro insuficiente

PARA REGISTRARSE, LLÁMENOS AL:

410-328-4673

SI DESEA OBTENER MÁS INFORMACIÓN, VISITE:

umm.edu/hope

PATROCINADO POR:

The Maryland Cigarette Restitution Fund Program y los Centros para el Control y la Prevención de Enfermedades (CDC)



University of Maryland Medical System Treatment Options

The journey from screening to diagnosis can be scary and overwhelming. The University of Maryland Medical System has locations around Maryland with dedicated oncology teams that will be there to support you and your family throughout your journey. Click on each of our locations to learn more about their screening and treatment options as well as the support groups offered.

[UM Capital Region Medical Center](#)

Largo, MD- Prince George's County

[UM Baltimore Washington Medical Center](#)

Glen Burnie, MD- Anne Arundel County

[UM Shore Regional Health Center](#)

Easton, MD- Prince George's County

[UM St. Joseph Medical Center](#)

Towson, MD- Baltimore County

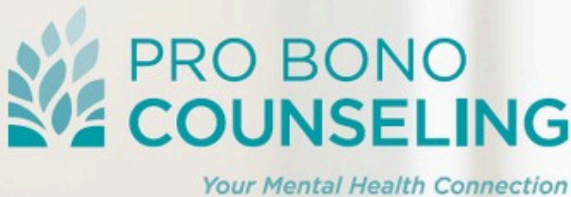
[UM Upper Chesapeake Health](#)

Bel Air, MD- Harford County



If you're feeling anxious,
depressed, or just need
someone to talk to, call

410-598-0234



Connect with someone who can help.

Call Pro Bono Counseling's mental health **WARMLine** today. You'll talk with someone who will listen to your concerns and refer you to additional resources.

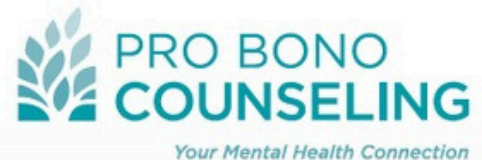
Mental health professionals are available weekdays from 10:00 a.m. to 8:00 p.m. and weekends from 10:00 a.m. to 6:00 p.m.

Follow these easy steps:

1. Dial 410-598-0234 from any cell phone or landline.
2. Speak with a trained mental health specialist who will listen to your needs.
3. You will be referred to any additional resources you may need.

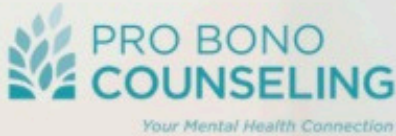
Pro Bono Counseling's WARMLine supports Marylanders who are experiencing mental health issues related to the COVID-19 pandemic, current events and other reasons.

For more information, visit ProBonoCounseling.org.



Si te sientes ansioso, deprimido, o simplemente necesitas hablar con alguien, llama al

410-598-0234



Conéctate con alguien que te pueda ayudar.

Llama a la línea de salud mental **WARMLine** de Pro Bono Counseling hoy. Hablarás con alguien que escuchará tus preocupaciones y te remitirá a recursos adicionales.

Los profesionales de salud mental están disponibles de 10:00 AM a 8:00 PM de Lunes a Viernes y de 10:00 AM a 6:00 PM Sábados y Domingos.

Sigue estos pasos sencillos:

1. Llama al 410-598-0234 desde cualquier celular o teléfono fijo.
2. Habla con un especialista atento que escuchará tus necesidades.
3. Se te conectará con cualquier recurso adicional que puedas necesitar.

Pro Bono Counseling's WARMLine es para apoyar a los habitantes de Maryland con problemas de salud mental asociados a la pandemia de la COVID-19, y por otros motivos.

Para más información, visite ProBonoCounseling.org.



GENERAL CANCER SUPPORT GROUPS

Throughout your or your loved one's journey with cancer, you are not alone. If you would like a space to share your experiences and receive support from others facing similar challenges, these support groups provide a safe and welcoming environment in a variety of formats and accept new members on a rolling basis.

Online Support Groups

Cancer Survivors Network Interactive Support Groups

CSN is an online, chat group peer support system for patients, survivors, caregivers, and their families and friends. Chat groups offer a safe space to ask questions and receive emotional support. For more information, visit their website [here](#).

What Next Cancer Support Network

What Next offers a space to post stories about loved ones, ask questions, and interact with those with shared experiences in an online forum. For more information, visit their website [here](#).

Men with Cancer Support Group Cancer Care

Offers a 15-week online support group for men who are currently receiving treatment for their diagnosis in sessions led by an oncology social worker. For more information, visit their website [here](#).

Women with Cancer Support Group Cancer Care

Offers a 15-week online support group for women who are currently receiving treatment for their diagnosis in sessions led by an oncology social worker. For more information, visit their website [here](#).

LGBTQ with Cancer Support Group Cancer Care

Offers a 15-week online support group for LGBTQ patients who are currently receiving treatment for their diagnosis in sessions led by an oncology social worker. For more information, visit their website [here](#).



GENERAL CANCER SUPPORT GROUPS

In Person Support Groups

Hope Connections for Cancer Support

Hosts a range of support events for those currently battling cancer, cancer survivors, and their families. For more information, visit their website [here](#) or call them at [301-634-7500](tel:301-634-7500)

University of Maryland Greenebaum Comprehensive Cancer Center

Hosts a series of monthly support groups based on type of cancer. For more information, visit their website [here](#).

University of Maryland Upper Chesapeake Health

Provide support groups for blood, breast, head and neck, and prostate cancers as well as providing financial workshops. For more information, visit their website [here](#).

University of Maryland Shore Regional Health

Hosts support groups for those currently battling cancer and their families, as well as financial support workshops, including the CARES workshop. For more information, visit their website [here](#).

Cancer Hope Network

Connects cancer patients and their family members to mentors who have had similar experiences. For more information, visit their website [here](#) or call at 877-467-3638

Not seeing a support group in your area?

The American Cancer Society's Database can help you find other resources in your area. For more information, visit their website [here](#) or call at 1-800-227-2345

BREAST CANCER SUPPORT GROUPS

Red Devils

Provides treatment transportation, family support, and medical services and treatment related therapies for those receiving breast cancer treatment; Red Devils is a national organization with a branch centered in Lutherville-Timonium. For more information on the organization, visit their website [here](#). For more information on the Lutherville-Timonium branch you can call at 877-643-0202, email them at info@the-red-devils.org or send correspondence to 1930 Greenspring Dr., Ste. 300 Lutherville-Timonium, MD 21093

The Journey Continues

Dedicated to providing support for breast cancer patients from their initial diagnosis throughout their treatment journey. For more information on the organization, visit their website [here](#) or email them at info@TJCCares.org. 1800 E. Northern Parkway Baltimore, MD 21239



LEARN MORE ABOUT HOW CANCER AFFECTES YOUR COMMUNITY

Interested in learning more about how cancer affects your direct community? The Office of Community Outreach and Engagement has compiled statistics by county on cancer risk factors, screening rates, and each county's most common type of cancer. Use [this link](#) to learn more about your county and how your statistics compare to Maryland's.

